

**VALUES**

# WHAT IS A VALUE?

- ✿ Qualities, characteristics, or ideas about which we feel strongly.
  - ✿ Our values affect our decisions, goals and behavior.
- ✿ A belief or feeling that someone or something is worthwhile.
  - ✿ Values define what is of worth, what is beneficial, and what is harmful

# WHAT WOULD YOU DO WITH \$1 MILLION?

- ✿ You have been given a check for \$1,000,000.00 to do whatever you like with it. What would you do with it?
- ✿ Share with the class what you would do with it.



☼ Conclusion:

- ☼ What you spend the money on has everything to do with what you value

**WHAT THINGS DID YOU DO DURING  
THE PAST WEEK?**

- ✿ What you choose to do with your time also has everything to do with what you value.



# KEY TERMS

- ✻ Hypocrite – One who subscribes to one set of values, and does another.
- ✻ Immaturity - One who has not identified his values.

# IMMATURITY VS. MATURITY

## ☼ Immaturity:

- ☼ Unclear values
- ☼ Drifters
- ☼ Flighty
- ☼ Uncertain
- ☼ Apathetic

## ☼ Maturity:

- ☼ Clear values
- ☼ Life of purpose
- ☼ Meaning and direction



# **DIRECTION: VALUES – GOALS – BEHAVIOR – SELF-VALUE**

- ❁ **Values give direction and consistency to behavior.**
- ❁ **Values help you know what to and not to make time for.**
- ❁ **Values establish a relationship between you and the world.**
- ❁ **Values set the direction for one's life.**

# WHERE DO WE GET VALUES?

- ✿ Our homes
- ✿ School
- ✿ Society
- ✿ Friends
- ✿ TV
- ✿ Church
- ✿ Music
- ✿ Books
- ✿ Families
- ✿ Culture
- ✿ Employers
- ✿ Time-period in which you were raised, etc.

# WHAT INFLUENCES OUR VALUES?

- ✿ Ages 1-7 --- parents
- ✿ Ages 8-13 --- teachers, heroes (sports, rockstars, TV)
- ✿ Ages 14-20 --- peers (values because of peers or peers because of values?)
- ✿ Ages 21+ your values are established, but you may test your values from time to time.



# VALUE VERSUS FACTS:

- Values are things we feel “should”, “ought”, or “are supposed to” influence our lives.
  - VALUE: All people should be active in a specific religion.
  - VALUE: The best time to buy clothing is when the price is discounted.
- A value is a statement of one’s personal beliefs.
  
- Facts simply state what actually are. It is easy to confuse values with facts.
  - FACT: Many people are active in a specific religion.
  - FACT: The most economical time to buy clothing is when the seasons change and the price is reduced.
- A fact is established by observation and measurement.

# VALUES AND BEHAVIORS:

- ☼ Happiness comes from letting values decide your behavior and goals.
- ☼ Values can change over a life-time as your experiences change your view.

# TYPES OF VALUES:

**Moral**

**Material**

**Aesthetic**

**Intrinsic**

**Extrinsic**

**Universal/American**



**“IF YOU STAND FOR  
NOTHING...  
YOU FALL FOR  
ANYTHING.”**

“IT’S NOT DOING THINGS  
RIGHT, IT’S DOING THE  
RIGHT THINGS”

**Assignment:** list at least five values in each of the following areas.

Social

Moral

Intellectual

Family

Career