

# SKILLS AND APTITUDES

# OFTEN ONE TASK USES MANY DIFFERENT SKILLS...

- **If James acted in a school play what skills would be required?**
  - **Read the play**
  - **Interpret the play**
  - **Memorize**
  - **Cooperate with others**
  - **Project his voice**
  - **Perform in front of hundreds of people**

# MANY OF THESE SKILLS ARE...

- **Transferable: they can be applied to other situations.**
  - **For example: English Class or choir**

# APTITUDE:

- **Something that you have a natural talent at or something that comes easy to you.**

# SKILLS DIVIDED INTO 6 CATEGORIES:

- **Basic Skills**
- **Social Skills**
- **Complex Problem Solving Skills**
- **Technical Skills**
- **Systems Skills**
- **Resource Management Skills**

# ROLES, OCCUPATIONS, AND VOCATIONS...

- **A role is what you are (son, daughter, sister, brother, friend, and so on).**
- **An occupation or vocations refers to what you do.**
  - **Occupation is paid employment.**
  - **Vocation is more like a special skill (student).**

*Some of this text has been excerpted from Career Choices/Career Choices & Changes, p. 49*